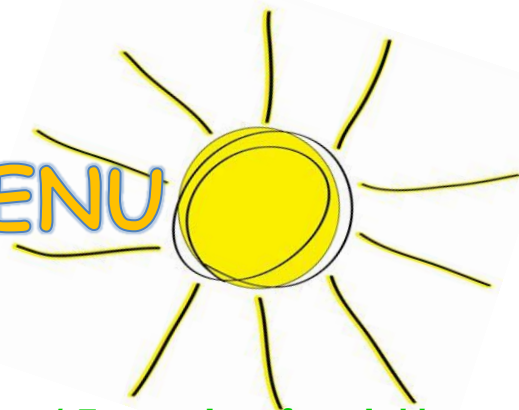


SUMMER MENU

Term 1 and 4



**** We have a menu full of Great choice/ Everyday foods****

These should make up at least ¼ of your menu choices. They are rated based on portion size or the NSW health rating system.

Over counter sales – Monday, Wednesday and Friday

SNACKS		FROZEN TREATS	
Popcorn	0.50c	Frozen Fruit Pieces <i>(NEW)</i>	0.50c
Small bag of pretzels <i>(NEW)</i>	\$1.00	Frozen Juice Cup	\$1.00
Hummus & carrot stick cup <i>(NEW)</i>	\$1.50	Lemonade Ice block	\$1.00
Carrot Sticks <i>(NEW)</i>	0.50c	Quelch Stick	0.50c
Yogurt pouch <i>(NEW)</i>	\$1.50	Moosie	\$1.50
JJ's Crackers (chicken, pizza, BBQ)	\$1.30	Mini Calippo	\$1.50
Red Rock Deli Chips (plain and honey soy)	\$1.50		

DRINKS		SPECIAL'S	
Poppers	\$1.50	<i>(available occasionally over counter only)</i>	
Flavoured Milk	\$1.50	Watermelon Cup <i>(NEW)</i>	\$1.00
Bottled Water	\$1.00	Greek yogurt and frozen fruit <i>(NEW)</i>	\$2.50
Juice Booms	\$2.00	Pikelets each <i>(NEW)</i>	0.80c

LUNCH ORDER - order by 8am at www.school24.net.au

Our canteen is coordinated and run 100% by volunteers. Please sign up today by volunteering on school24

On Friday

Sandwich (wholemeal) vegemite, ham, cheese, tomato, lettuce	various
Chicken Burger (lettuce & mayo)	\$3.50
Beef Lasagne	\$3.50
Meat Pie	\$3.00
Sausage Roll	\$2.50
Spaghetti Bolognese	\$3.50
Dinosnacks	3 = \$1.50 6 = \$3.00
Garlic Bread 2x pieces	0.80c
Cheese and bacon roll <i>(NEW)</i>	\$2.00
Sauce (tomato or BBQ)	0.30c