



17 December, 2018

Dear Parents,

Throughout Term 1 2019 Fit Futures will be running a specialised Gymnastics program for all students from Kindergarten to Year 6.

Throughout the program students will be working on all components of gymnastics including, floor, bars, rings, beam and tramp. The lessons are designed to further develop skills in body awareness, body control, balance, counterbalance, spatial awareness, dynamic movements, flexibility, coordination, speed and agility.

Date commencing: Wednesday 6 February & Thursday 7 February 2019

The cost for this program will be advised early in the New Year pending a school sporting grant that has been applied for. There will be an exception and payment will not be required before commencement of the program.

Students will be using different equipment each week and will be given certificates at the end of the program.

Sonia James  
Principal

**Gym Fit at Yarrowarrah Public School**

I give permission for my child \_\_\_\_\_ of class \_\_\_\_\_ to

Participate in the Fit Futures Gymnastics program commencing Term 1 Week 2 2019 for 10 weeks.

I agree to pay the cost of the program which will depend on a school sporting grant that has been applied for. If the grant is not successful the cost will be approximately \$40.00.

Signed \_\_\_\_\_ Date: \_\_\_\_\_