



Family Connect and Support Sydney and South Eastern Sydney

Monday to Friday 8.30am to 5.30pm

For all enquiries call 1800 066 757

E: familyconnectandsupport@barnardos.org.au

W: familyconnectandsupport.com.au

Our main office is located in Bay Street Ultimo. We also have an outreach office in the Sutherland area.

About Barnardos Australia

Barnardos Australia is a leading non-government, non-denominational child protection charity in Australia.

Barnardos Australia believes all children and young people deserve caring families in which they can grow safely and fulfil their potential. We work together with children, young people and families to break the cycle of disadvantage, creating safe, nurturing and stable homes, connected to family and community.

Family Connect and Support



barnardos.org.au



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Family Connect and Support helps children, young people and families in NSW with:

- Parenting challenges
- Financial stress
- Substance use
- Family breakdown
- Housing issues
- Mental health
- Domestic and family violence
- and more.

Through an initial consultation, we get to know you and your individual circumstances.

Understanding your needs and building on your strengths, we identify the support your family needs to make positive change in your lives.

We'll give you information and advice and help you connect to the services in your area so you don't have to retell your story.

We stay connected with you until you're matched with the right services or support.

We welcome families from all cultures and backgrounds, lands and communities.

Who can refer?

Referrals to the Family Connect and Support can be made by:

- Young people
- Families with children
- Carers of children
- Concerned relative or friend
- Government, Non-government, doctors and health professionals

Family Connect and Support is a free service for children, young people and families of any cultural background. Women who are pregnant, and their partners/family, can also receive support to help prepare for the birth of their baby.



Free and voluntary for children and families.



Build on your strengths to make positive change.



Right supports at the right time.